

Dear

Between 2018 and 2020 you were found on a routine blood test to have a common, low-risk condition called MGUS. This stands for **monoclonal gammopathy of undetermined significance**.

MGUS means that you have an abnormal protein in your blood. Approximately 1 in 30 people who are over the age of 50 years have MGUS. It does not usually cause any symptoms. For the vast majority of people, MGUS never causes any problems.

However, sometimes MGUS can change into a more serious illness. This happens to 1 out of every 100 people with MGUS each year.

We have a newly established pathway for patients with MGUS and as a result, we would like to offer you regular check-ups to monitor your condition. This means regular blood tests every 4 months.

Since it has been longer than 4 months since your last monitoring blood tests were performed, we would like to request that you now have some blood taken for testing.

The blood tests need to be carried out at your GP surgery. Your GP knows that you have Low-Risk MGUS and also knows that you will need to come in from time to time for these tests. You should contact the surgery and arrange an appointment to have the blood samples collected.

When you go to the surgery, please take this letter – as it has the instructions that the GP surgery team can use to make sure the correct blood samples are taken and sent to the hospital in the right way. The tests that will be performed will take 2-3 weeks to be completed. The outcome of the test will be confirmed via letter. In the rare event that something more significant is found on these tests, your GP will contact you to discuss these results and you may be referred to go to the hospital for a clinic.

**It is important that if you are experiencing any new or concerning symptoms that you see your GP as you would normally.**

Please make sure you take **ALL** the pages of this letter to the surgery for the blood sample collection.

Thank you and kind regards

The Low-Risk MGUS pathway team

**PLEASE MAKE SURE THAT THIS LETTER IS TAKEN WITH YOU TO THE GP SURGERY FOR YOUR BLOOD COLLECTION AS IT CONTAINS INSTRUCTIONS ON WHAT SAMPLES TO TAKE FROM YOU.**

**Instructions for Low-Risk MGUS monitoring blood collection – for the GP surgery.  
Please bring up the patient details on ICE and make a new request**

The patient should have the following tests requested on ICE –

**please add clinical details as LR-MGUS monitoring**

LR-MGUS Retro patients 4 months Blood now - Version: 1.0. Index: Immunology 2823. Printed: 11-Mar-2022 10:43

