Bone Marrow Transplant
Nurse Co-ordinator /
Nurse Practitioner
And Key Workers

Information for patients
This leaflet has been provided to answer some of the questions you may have about the role of the Bone Marrow Transplant (BMT) Nurse Coordinator and BMT Nurse Practitioner at the Oxford Cancer and Haematology Centre.

**What does the Bone Marrow Transplant Nurse Coordinator do?**

They are experienced BMT nurses who work closely with you, your family/friends and other members of the transplant team, to coordinate and manage the pre transplant phase of your transplant journey. They are able to offer increased levels of support, advice and guidance during this time.

All patients referred to the Oxford Bone Marrow Transplant Programme for an allogeneic (a transplant using someone else’s cells) will have access to a BMT Nurse Co-ordinator. The coordinator is usually present when you meet the transplant consultant to discuss bone marrow transplantation as a treatment option for you.

Once the decision to proceed with the transplant has been made, they will arrange for all the necessary pre transplant tests to be done. The coordinator will also meet with you to discuss your transplant schedule in detail and answer any questions or concerns that you or your family may have.

If you are having a transplant using cells from a family member, the BMT Nurse Coordinator, will coordinate and manage the care of your donor. If your donor is unrelated, they will liaise closely with the donor registry.

**What does the Bone Marrow Transplant Nurse Practitioner do?**

The BMT Nurse Practitioner is also an experienced transplant nurse. When you are an in-patient they will oversee your care on the ward and offer increased levels of support, advice and guidance to you, your family/friends, hospital nurses, doctors and other health care professionals.

**What will happen prior to discharge?**

As you become ready to go home following your transplant, the BMT Nurse Practitioner will spend time with you and your carer to ensure you are prepared you for the next phase of your transplant journey and what you can expect over the coming months. You will be given advice on whom to contact if you are unwell at home or to answer any queries you may have. Your BMT Nurse Practitioner will co-ordinate your discharge and follow up care. If required, they will liaise closely with your district hospital, community carers and your family doctor (GP) to avoid unnecessary visits or admission to the hospital.

**Who should I contact when I need advice?**

You will be given contact details of your BMT Nurse Coordinator and BMT Nurse Practitioner.

If you need information, advice or support in the lead up to your transplant please contact one of the BMT Nurse Coordinators.
If you need information, advice or support after the transplant you can contact your BMT Nurse Practitioner. If unavailable, you can leave a non-urgent message on the answer phone and calls are usually returned within 24 hours but not at weekends.

If you would like to make an enquiry about a clinic appointment please contact the Haematology Secretaries on 01865 235882 or 01865 235259.

**What can the Bone Marrow Transplant Nurse Coordinator and Nurse Practitioner offer me?**

- A contact point if you are undergoing a bone marrow transplant.
- Specialist knowledge to give on-going advice and support, to you, your family/friends and carers throughout your transplant journey
- Help with physical symptoms such as pain or nausea
- Advice on your on-going recovery at home
- Someone to talk to about worries or problems
- Advice on relationship, fertility or sexual problems
- Specialist knowledge to advise and support your related donor (if applicable)
- Information about additional treatments

**What is a Key Worker?**

Whilst you are being cared for at the Oxford Cancer & Haematology Centre, the transplant team will ensure you have a Key Worker.

The Key Worker will be your main point of contact with the hospital. They are responsible for coordinating your care at different stages of your transplant journey and this means that your Key worker will change over time. The transplant team will let you know the name and contact details of your Key Worker and ensure that you are aware when changes are made.

Your Key Worker **before** the transplant is:

Name ……………………………………
Role………………………………………
Tel. ………………………………………
Bleep ……………………………………..
Email ……………………………………

Your Key workers **during your in patient stay and after** the transplant are:

Name ……………………………………
Role………………………………………
Tel. ………………………………………
Bleep ……………………………………..
Email ……………………………………

Name ……………………………………
Role………………………………………
Tel. ………………………………………
Bleep ……………………………………..
Email ……………………………………
Other Useful Numbers

Macmillan/Cancerbackup
0808 808 00 00
www.macmillan.org.uk

Leukaemia Care
0800 169 6680
www.leukaemiacare.org.uk

Lymphoma Association
0808 808 5555
www.lymphoma.org.uk

Myeloma UK
0800 980 3332
www.myeloma.org.uk

Cancer Counselling Trust
Caspari House
1 Noel Road
London N1 8HQ
020 7704 1137
www.cancercounselling.org.uk
Email: support@cctrust.org.uk

Maggie’s Centre
Churchill Hospital
Old road
Headington
Oxford
OX3 7LJ
01865 225 690
www.maggiescentres.org
Email: oxford@maggiescentres.org