

MRN Number:  
NHS Number:  
Our Ref: Female Patient

Department of Clinical Haematology  
Administration Floor Level 2  
Cancer and Haematology Centre  
Churchill Hospital  
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Headington  
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OX3 7LE

Dr

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Emergency out of hours: Ward 01865 235049  
Date

Dear Dr

**Re: Patient details**

This is to inform you that **patient name** has been discharged from the Oxford BMT Clinic following allogeneic bone marrow transplant. Transplant performed on **date**

She has made a good recovery from her transplant and has now moved into the late effects monitoring phase of her treatment which can be performed more locally to her. Transplant recipients require long term follow up due to their increased risk of cardiovascular disease and secondary cancers.

We would be grateful if you could assist with monitoring and we would suggest;

- 3 yearly diabetes screening, (if >45yrs) or 2 yearly in any age group if they have been treated with steroids, had TBI\* or is hypertensive
- Annual BP
- 2 yearly lipid screening
- Commencement on bowel screening programme
- Mammogram every 1-2 years in women over 40. In women who have received TBI\*, mammogram should occur at either age 25 or 8 years after radiation, whichever occurs later but no later than age 40.
- 3 yearly cervical smear, unless on immune suppressants, in which case cervical screening should be annual
- Assessment of need for HRT

\* Refers to those patients who have received TBI at >6Gy

We have also advised her to maintain annual eye examinations and dental check-ups.

Additionally, we have provided information regarding skin safety and monitoring her skin and oral cavity for any changes.

Please do not hesitate to contact us if you require any additional information.

Yours sincerely,

On behalf of the Haematology Team